Kindergarten Readiness Activities

Below are some activities your rising Kindergarten student can do to develop fine motor coordination for classroom skills like using pencils, crayons, glue sticks and cutting.

***Squirt Bottles**

Using a squirt bottle to mist plants, spray windows, etc.

*Sponge Play

Squeezing wet sponge into a cup or container to a "fill line" or during helping with dishes.

*Paper Play

Cutting or ripping paper into smaller pieces.

*Additional challenge: balling up the small pieces and making a picture or putting the balls into a small opening.







***Hole Punch Play**



Using a hole puncher for activities

***Clothes Pin Play**

Using clothes pins (I have marked spaces around the edge of a piece of paper and instructed to use either 1st and 2nd (thumb/index) or 1st and 3rd (thumb/middle) finger to scoot the clothespin around the paper with each hand several times.



*Rubber Band PlayStretching rubber bands/hair ties between fingers





*Bubble Wrap Popping bubble wrap with fingers

***Play-doh Letters** Putty or play-doh: roll out into a "snake" and use first 2 fingers to pinch across with each hand, or form into letters.



*Play-doh Hide and Seek Hide small items/coins in putty/play doh and pick them out

